

Volunteers Needed

Do you live within The London Borough of Bromley?

Can you offer a couple of hours a week to assist an older person with either shopping, befriending, driving to appointments or some basic gardening?

For more information please contact *Jayne Gorey* -
Coordinator of Volunteers on *07918 142792*

or you can leave a message on our landline number
020 8290 4992

You can also contact us via our website
www.careplusbromley.org.uk



**Befriending, supporting & assisting
older people in Bromley**

Reg Charity No 1061356