

*Preparation*

The Lord almighty grant us a quiet night and a perfect end.

*All* **Amen.**

Our help is in the name of the Lord

*All* **who made heaven and earth.**

*All* **Most merciful God,  
we confess to you,  
before the whole company of heaven and one another,  
that we have sinned in thought, word and deed  
and in what we have failed to do.  
Forgive us our sins,  
heal us by your Spirit  
and raise us to new life in Christ. Amen.**

O God, make speed to save us.

*All* **O Lord, make haste to help us.**

*All* **Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.

From evil dreams defend our sight,  
From fears and terrors of the night;  
Tread underfoot our deadly foe  
That we no sinful thought may know.

O Father, that we ask be done  
Through Jesus Christ, your only Son;  
And Holy Spirit, by whose breath  
Our souls are raised to life from death.

*Monday*

1 Sing to the Lord a new song, ◆  
for he has done marvellous things.

2 His own right hand and his holy arm ◆  
have won for him the victory.

*Wednesday*

3 The Lord has made known his salvation; ◆  
his deliverance has he openly shown  
in the sight of the nations.

4 He has remembered his mercy and faithfulness  
towards the house of Israel, ◆  
and all the ends of the earth have seen  
the salvation of our God.

*Friday*

5 Sound praises to the Lord, all the earth; ◆  
break into singing and make music.

6 Make music to the Lord with the lyre, ◆  
with the lyre and the voice of melody.

*All* **Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*Monday – Jonah 4.1,2*

But this was very displeasing to Jonah, and he became angry. He prayed to the Lord and said, 'O Lord! Is not this what I said while I was still in my own country? That is why I fled to Tarshish at the beginning; for I knew that you are a gracious God and merciful, slow to anger, and abounding in steadfast love, and ready to relent from punishing.'

*Wednesday – Romans 2.9-11*

There will be anguish and distress for everyone who does evil, the Jew first and also the Greek, but glory and honour and peace for everyone who does good, the Jew first and also the Greek. For God shows no partiality.

*Friday – Matthew 8.10*

When Jesus heard him, he was amazed and said to those who followed him, 'Truly I tell you, in no one in Israel have I found such faith. This is the word of the Lord

**All Thanks be to God.**

*Reflections on the readings*

Into your hands, O Lord, I commend my spirit.

**All Into your hands, O Lord, I commend my spirit.**

For you have redeemed me, Lord God of truth.

**All I commend my spirit.**

Glory to the Father and to the Son

and to the Holy Spirit.

**All Into your hands, O Lord, I commend my spirit.**

Keep me as the apple of your eye.

**All Hide me under the shadow of your wings.**

**All Grant us your light, O Lord,  
that the darkness of our hearts being overcome,  
we may receive the true light, even Christ our Saviour.**

1 Now, Lord, you let your servant go in peace: ◆  
your word has been fulfilled.

2 My own eyes have seen the salvation ◆  
which you have prepared in the sight of every people;

3 A light to reveal you to the nations ◆  
and the glory of your people Israel.

*Gospel Canticle*

*Luke 2.29-32*

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**All Grant us your light, O Lord,  
that the darkness of our hearts being overcome,  
we may receive the true light, even Christ our Saviour.**

*Prayers*

*Intercessions and thanksgivings may be offered here.*

*The Collect*

Stir up your power, O God,  
and come among us.  
Heal our wounds,  
calm our fears  
and give us peace;  
through Jesus our Redeemer. **Amen.**

**All Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

*The Conclusion*

In peace we will lie down and sleep;  
**All for you alone, Lord, make us dwell in safety.**  
Abide with us, Lord Jesus,  
**All for the night is at hand and the day is now past.**  
As the night watch looks for the morning,  
**All so do we look for you, O Christ.**

Restore us again, O God of hosts;  
show us the light of your countenance  
and we shall be saved.  
Bless and keep us, this night and always. **Amen.**