

# *St Mary's Church, Bromley*

*Parish Magazine*

*May 2022*

*61 College Road Bromley BR1 3QG*



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## Welcome to the May edition of the Parish Magazine.

Welcome to our May Magazine and thank you to everyone who has contributed.

During May you are invited to visit St Mary's church and join in a varied programme of activities as part of enjoying new freedoms after so many Covid restrictions.

You will be welcome to attend any or all of the activities described on **pages 13 and 14** in this Magazine. We look forward to seeing you!

Atlanta Topham



*Marvellous May  
at St Mary's*

All monies raised will go to restoring our murals.

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## Memorial Book

St. Mary's Church has a memorial book in which may be inscribed names of people associated with the parish. If you would like to know more details please contact Alan or Jean Read on 020 8402 0886.

### ***Disclaimer***

***The opinions, beliefs and viewpoints expressed by the various participants in this magazine do not necessarily reflect the opinions, beliefs and viewpoints of the Editors.***

# At the Heart of the Community



The title of this piece is a strap line that has been part of Saint Mary's church for a very long time. There are words that are very precious about being a company of people. These include 'neighbour', 'colleague', 'society' and of course 'family'. Having people around us whom we know, with relationships that have lasted years, are a very precious thing.

Many years ago there was an advertising campaign for a brand of cigarettes and its strap line was 'You're never alone with a Strand'. The campaign failed because it implied the customer was a lonely person who would be comforted with a cigarette. Who wants to be identified as a lonely person?

Well there are times in my life where I have felt lonely. The strange thing is I may have been surrounded by many people at the time. Loneliness is about a lack of relationship not just a lack of people. We want to be connected, understood and included in what takes place with the people around us.

When someone moves into a new area there can be a real challenge about getting to know people. Even though you live on a road with many other people, how do you get to know them? When you walk along a street people can be in their own worlds and preoccupied with their own thoughts. They may be immersed in a mobile phone call. They may simply look away as you pass by. I often feel that suburbia in particular overloads us with too many people. A walk in the countryside when you meet one or two people can produce far more engagement.

Some people seem naturally more friendly than others. Some people seem more able to strike up a conversation. Some people seem to have a knack of drawing folk together to have a good time. But supposing being friendly is a skill that can be learned? This may include remembering names. It is good to be prepared to listen more than to talk. When you recognise your own anxieties are present in most other people, you will take up some courage and take a risk to start a conversation .

There is a lovely scene in Jane Austen's book *Pride and Prejudice*. Elizabeth and Darcy are discussing relating to strangers. Darcy says he doesn't have the knack. Elizabeth says she is not very good at playing the piano but that is because she hasn't practiced enough. Elizabeth is a tease and is accusing Darcy of laziness and making a poor excuse.

This could sound negative, even moralistic. But supposing making new friendships is a bit more like being a prospector looking for gold? We are surrounded by treasure if only we knew it. Each person, oneself included, is made in the image of God. We might need some imagination and some perseverance. But all of the old friendships we have began with a first conversation. It is said that you only meet a stranger once because after the initial encounter something is now known and something can be grown.

For some months we have been planning an event called *Marvellous May*. It is my hope that it can contribute to growing community. It could be that we focus our attention on the programme and the events. Getting these right is important. It might even be that matters of money capture our attention. It would be good if we can raise some funds for the repair of the chancel murals. But the true riches are about getting to know our neighbours and developing relationships.

John F. Kennedy famously said to the American people "Ask not what your country can do for you – ask what you can do for your country" *Marvellous May* has been planned with a variety of ways that people can visit to the church and attend events. But in another light it is about our ministry as church members.

Jesus told the Parable of the Sower. In this light we are casting out opportunities for wonderful things to happen. Some of it may fall on stony ground. But some of it may take root and very exciting growth may take place. I look forward to sharing with many people the opportunities that are going to take place.

Best wishes

A handwritten signature in black ink that reads "A. Keeler". The signature is written in a cursive, slightly slanted style.

# Risen Life



**Risen Christ,  
for whom no door is locked,  
no entrance barred:  
open the doors of our hearts,  
that we may seek the good of others  
and walk the joyful road of sacrifice and peace,  
to the praise of God the Father. Amen**

**Alleluia Christ is Risen  
He is Risen indeed Alleluia!**

It is Easter and Christ is Risen. We have celebrated again the events of Holy Week and the Passion and Resurrection of Jesus, renewing our faith in God's redeeming work with great joy; affirming our belief that life triumphs over death, that love conquers hate, that sin really is forgiven, and our saviour lives. Yet, we celebrate and sing in a world awash with so much death, hate and sin.

The backdrop to both Lent and Easter in 2022 has been the war in Ukraine, and the dreadful toll of death and destruction, of lies and propaganda - showing human behaviour at its worst. Somehow the calamity of war seems to fit somewhat better with our penitence and sorrow for sin of Lent, than it might ever fit with Resurrection and Easter joy.

And yet if we look again at Holy Week - Palm Sunday was a day of joy and welcome, Jesus himself washed his disciples' feet, healed the ear of the High Priest's servant, promised eternal life to the thief beside him on the Cross, and was faithful to death; the women and a few others who loved him, followed him to the end. There are signs of hope even here.

And if we look closely the horror, death and destruction of war are just sometimes shot through with magnificent acts of generosity and love, as well as with courage, heroism, and self-sacrifice.

A journalist writing of the war in Ukraine wrote this week of an encounter with an elderly woman *"I count seven plastic water bottles stuck into the*



*ground in a loose circle. Inside each one is a plant that must be protected against the cold and the rain. I crouch down for a closer look. The delicate tangles of green shoots and leaves strain against their clear, blue containers. The only things protecting them from pretty much certain death.*

*Mykolaiv is on the frontlines of Ukraine's war in the south. All around us are soldiers and tanks and armour; the only thing that stands between its people and the Russian army. The lady looks at her flowers. "When all this is over," she says, motioning to the grey skies and falling rain, "they will emerge, and they will bloom."*

There are small signs of hope even here – the war might have an ending.

I am writing this after having watched the celebration of Orthodox Easter on the television news, in both Ukraine and Russia and am reminded that Christ died for all of them. There are Christians in both places looking to love and serve the Lord and follow in his footsteps living lives of love and service. There are signs of hope in those lives and in their future service.

Easter this year has coincided with a profligate and abundant outpouring of natural beauty, flowers, nesting birds lambs and blossom and the coming of Spring is in itself a sign of hope for the future. A sign of the power of "God who brought light out of darkness, not out of a lesser light". (*John Donne 'Sermons on Christmas Day'*). Fruitfulness and fertility are more signs of the infinite possibilities of God's love, the Resurrection of Jesus from the dead is the culmination of all those signs of God's renewing love poured out for us.

Even so the many problems facing our planet and our societies are so severe that it is hard to grasp the good news of Easter and many people remain sceptical. We, like the women at the empty tomb are witnesses to the Resurrection, we are those who have not seen but believe, that despite all appearances to the contrary Jesus lives, and that we are called and sent out to make disciples of all the nations, and that Jesus himself will be with us always. I wish for all of us joy on the journey and the blessings of Easter.

**Alison Tyler**



## Letter to the Editor



Life being what it is – and bringing what it brings – we sometimes need a “superhero” to help us out. I remember the wireless opening up a world of heroes in my childhood: Dan Dare; Captain Jet Morgan with “Journey into Space”; Dick Barton (Special Agent), with his sidekicks Jock and Snowy,

forever escaping from impossible cliff-hangers;; even Francis Durbridge’s “Paul Temple”, with wife “Steve” in their understated mysteries. But who were the real heroes of this genre? Interestingly, I remember the theme music for these programmes more clearly than the characters or their stories.



“The Devil’s Gallop” by Charles Williams introduced “Dick Barton – Special Agent” at 6.45 each evening. It still has the ability to make my hair stand on end (what there is left of it!). Van Phillips composed the eery music that accompanied “Journey into Space”, some being played live in the studio by an eight-piece orchestra. I should mention that “Lemmy” (a cockney character in the show) sometimes played his mouth organ, occasionally blowing a recognisable Cockney song (“My old Dutch”, “Knocked ‘em in the Old Kent Road”) in an unrecognisable place, such as the Moon! But perhaps the most iconic of all was “Coronation Scot” by Vivian Ellis to top and tail each episode of “Paul Temple”



So maybe music can be our superhero? When we are desperate for comfort, music can provide sol-

ace. It is familiar and sometimes touches parts of us that words cannot always reach. The church has always known this, providing music as a means of worship from earliest times. We follow in this pattern, singing hymns and songs as part of our offering to God during services.

We also absorb the entralling sounds of the organ, as it reverberates around the church building, feeling the notes as well as hearing them.

Music has the power to evoke memories of times gone by. What will our memories be when we hear “Cwm Rhondda” sung by a Welsh male voice choir? Or “Jerusalem” sung at a rugby football match? Maybe “Abide with me” at Wembley Stadium will be a more enduring “superhero” than the winning goal scorer!



**Peter Fall**

### **15-21 May 2022: Christian Aid Week**



As explained on pages 7 and 8 of April’s Parish Magazine the third week of May is Christian Aid Week, during which we hope that as in previous years the congregation of St Mary’s will contribute toward the work of this Christian relief and aid charity.

There are two easy ways to donate. As usual colourful envelopes, with Gift Aid forms, will be available in Church for those who prefer to give cheques and cash: please place them in the offertory plate or give them to me. If you prefer to donate on-line please visit [christianaid.org.uk](http://christianaid.org.uk).

There will also be display in Church about Christian Aid during 15 to 21 May as part of the Marvellous May events.

Thank you for your support!

**Peter Boyden**



## Shakespeare in Love Bromley Little Theatre Friday 6th to Saturday 14th May 2022



Sadly, Covid 19 cut short my part in the April show 'Taken at Midnight'. However being in this comedic play has been a tonic for me and will be the same for those who come to see it. Based on the Oscar winning film, William Shakespeare has writer's block and a girl disguise's herself as young man to become an actor in Elizabethan London. She becomes his muse and helps him write Romeo and Juliet. Loads of those famous lines are in the play. Her father is trying to marry her off to Earl of Essex who is after father's money. Her disguise is discovered and the cast are threatened with potential imprisonment or worse. I play the Jim Carter's character Ralph, an actor who is bit of a drunken sot! (Not type cast).

Tickets can be purchased via the Bromley Little Theatre website. There are some socially distanced evenings.

Peter Yolland

### Crisp Packets

The final box of empty crisp packets has now been posted off. Thank you to all those who have been supporting the scheme to not only raising some money for St Mary's but also helping to keep them out of landfill.

Although this scheme has now finished they and other soft plastic wrappings can be donated to the bin just inside the Co-op in Farwig Lane.

Thank you to all those who are aorking to Saving the Planet.

### Carol Beale

#### Grannies

Grandmas are mums with lots of frosting

What bargains grandchildren are! I give them my loose change, and they give me a million pounds worth of pleasure. – *Gene Perret*



## Mothers' Union Matters

Marvellous May is upon us, and St Mary's Marvellous Mothers' Union is ready!

The church will be open all day on Monday, Wednesday and Friday throughout May with various activities taking place. It is hoped that visitors will be attracted by the events to take a look inside, thereby discovering the beauty of the building and the warmth of the folk who worship there.



Mothers' Union, being strongly grounded in the church, supports this initiative wholeheartedly, providing stewards in the church and personnel for other activities during the month. Each Friday morning during May, the MU Knitting Group will meet in the church building as part of the "Open Church" event. They will be knitting squares, their first objective being to create a blanket for a refugee, made up of 96 squares. And when that is complete, maybe another one? Everyone is welcome to join the knitters – to knit, to natter, to drink coffee, to assemble squares, or to encourage the production line.

In keeping with Marvellous May, St Mary's MU hold their **Marvellous Plant Sale** on **Saturday 14<sup>th</sup> May**. This will be from **10.00 a.m.** in the **Warwick Hall** of Church House.



Come Early to avoid disappointment—last year many plants sold in the first half-an-hour. However, as well as legendary plants from the MU Nursery, quality bric-a-brac, books, toys and produce will again be on display for the discerning buyer throughout the morning. Why not meet your friends at the Sale of the Year, and show off your purchases over a cup of coffee and a slice of home-made cake in the Buchan Hall? All takings from the sale go to Mothers’ Union projects such as the “Away From it All” holiday scheme in the UK, and the literacy of women in sub-Saharan Africa.

Members of Mothers’ Union continue to pray for Ukraine, and put their faith into action by ensuring that all food and household items collected in the church are delivered to the Bromley Food Bank.

### **MU Programme during May and June**

<b>Friday 6<sup>th</sup> May</b>	10.00 a.m.	<b>Knit and Natter for Charity</b>	In Church, knit and natter over coffee and cake: wool, needles, patterns and advice available. Non-knitters always welcome to natter.
<b>Friday 13<sup>th</sup> May</b>	10.00 a.m.	<b>Knit and Natter for Charity</b>	In Church, knit and natter over coffee and cake: wool, needles, patterns and advice available. Non-knitters always welcome to natter.
<b>Saturday 14<sup>th</sup> May</b>	<b>10.00 – 12 noon</b>	<b>MU Plant Sale and Coffee Morning</b>	<b>The annual Coffee Morning and Plant Sale in aid of MU Literacy Projects and Away From It All. Plants, cakes, toys, books, bric-a-brac, raffle and tea-room make this a morning not to miss! In Church House and outside.</b>
<b>Friday 20<sup>th</sup> May</b>	10.00 a.m	<b>Knit and Natter for Charity</b>	In Church, knit and natter over coffee and cake: wool, needles, patterns and advice available. Non-knitters always welcome to natter.

## MU Programme during May and June continued

<b>Friday 27<sup>th</sup> May</b>	10.00 am	<b>Knit and Natter for Charity</b>	In Church, knit and natter over coffee and cake: wool, needles, patterns and advice available. Non-knitters always welcome to natter.
<b>Thursday 16<sup>th</sup> June</b>	10.00 am	<b>Knit and Natter for Charity</b>	In Church, knit and natter over coffee and cake: wool, needles, patterns and advice available. Non-knitters always welcome to natter.
<b>Saturday 18<sup>th</sup> June</b>	12.00 noon	<b>Summer Lunch</b>	Held in the Vicarage Garden, this popular event is open to all.



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# *Choir and Music*



People like to come into church and find an organ sounding through the building. St Mary's is very fortunate to have a number of skilled organists who provide the backdrop to Sunday worship each week. Their music before and after the service is listened to with close attention by the congregation, and sometimes receives a ripple of applause at its close. During the service they lead the hymn singing, accompany the choir and provide appropriate music during quiet times. We are grateful to them for their valuable input and expertise.

Despite inevitable low numbers, the choir continues to hold regular choir practice on Thursday evenings and to sing an anthem at each service. Fortunately, members of the choir are all experienced singers, able to adapt to the changing demands of the season, the type of music and the singers available. Much of the music sung is familiar to the choir, but it still needs to be put together and performed



confidently. The regular singers manage this on a routine basis, delivering a message that sometimes only music can convey. The range of composers and styles can add to the difficulty of performance, but from Elizabeth I to the current day, choral music is tackled with grace and intelligence to provide a musical message appropriate to the occasion.

Some of the choir will be taking part in the musical backdrop to Marvellous May, but not necessarily singing! See if you can spot them when you come.

**Peter Fall**



## Choir anthems in Marvellous May

1<sup>st</sup> May “The Lord is my shepherd” MacFarren

15<sup>th</sup> May 10.30 am “Blessed bread” Rizza

4.30 pm ***Choral Evensong***

Introit: “Cantate Domino” Pitoni

Canticles: Wood in D

Anthem: “O thou, the central orb” Wood

22<sup>nd</sup> May “O taste and see” Goss

26<sup>th</sup> May (***Ascension Day***) “*God is gone up*” Hutchings

29<sup>th</sup> May “Ascension Hymn” Schicht

## Of URLs and QR Codes

The internet has become a major fixture in our lives and it has its own terms. Here are two that you may have come across; URL and QR Code.

The internet has websites that contain information about companies, news agencies even churches. If you want to know about St. Mary’s church you can type this <https://www.stmarys-bromley.org.uk> into a web browser. That line of characters is called a Universal Resource Locator or URL. It is unique and will take you to St. Mary’s website. It is also very fussy and one wrong character and you are lost.



Another way to present the information is with the image on the left. This is called a QR Code or Quick Response Code it contains information such as a URL. The idea is to make your mobile phone scan it and then your phone web browser can access the website. In many ways it is quicker and more reliable than typing in a URL. It does mean that you must download an app to your phone that can scan QR Codes. But this is not too difficult.

You may have seen the programme that we have printed about Marvellous May. It contains three QR Codes and it means that from the paper publicity far more information is available by using your phone.

**Alan Keeler**

## ***Please come and visit the Church***

Our building will be open during May between 9am and 5pm on Mondays, Wednesdays and Fridays plus Polling Day on 5 May. Refreshments will be available with special attractions as follows:

**Monday 10 – 12noon** – Grace Café with a wonderful selection of cakes.

**Wednesday 10 – 12noon** – Music from our own musical friends

**Wednesday 2 – 5pm** – Reading through the four Gospels

**Friday 10 – 12noon** – Knitting, join in as we aim to make a blanket of 96 squares

And walk round the building with a brochure that explains

### ***Art Display of painting and ceramics***

**4 May to 8 May (closed Friday, church service Sunday morning)**

### ***Cream Tea***

**2.30 – 4.30pm Sunday 1 May  
in the church building**

Our first event which begins our month of activities



### ***The Bromley Boy Singers***

**7pm Saturday 7 May  
in the church building  
adults £5.00, ages 3 to 18 £2.50**

The Bromley Boy Singers is a choir with a well-established reputation.

We are delighted to



### ***Plant Sale***

**from 10am Saturday 14 May  
in the church halls**

A large selection of plants, bric-a-brac, books and refreshments at very reasonable prices. Come early to avoid disappointment.



### ***Ballet Belles***

**2.30pm Sunday 15 May  
In the Warwick Hall**

A window into RAD dance with delightful pieces to entertain us.



## ***Choral Evensong***

**4.30pm Sunday 15 May  
in the church building**

Our choir leads  
a traditional evening service  
with glorious choral works.



## ***Organ Recitals***

**4pm Sunday 8 and 22 May  
in the church building  
*suggested donation £10***

Discover a range of  
rich and wonderful  
music from our  
talented organists.

Includes tea and cake.



## ***Christian Aid Week***

**from 15 to 22 May  
in the church building**

A display of the work of the major  
relief and development agency  
of 41 Christian churches  
in the UK and Ireland.



**6pm Saturday 21 May  
in the Warwick Hall  
*adults £5.00, ages 3 to 18 £2.50***

An exuberant display of the  
theatre arts that Harlequin  
teach and perform.

## ***Old Testament Live***

**10am to 4.30pm Saturday 28  
May  
in the church building  
*entrance £14***

An adult day of fun and inspiration  
to explore the Old Testament.

Run by Walk Through  
the Bible. Please book



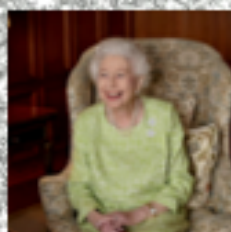
## ***A Musical Miscellany***

**3pm Sunday 29 May  
in the church building**



An afternoon of many charming  
musical pleasures.

Followed by tea and cake.



## ***Platinum Jubilee Picnic***

**4 pm Friday 3 June**

**Join us with your picnic in the church grounds for a  
party**

**to celebrate Her Majesty's Platinum Jubilee.**

## **Influence**

Who might girls aged 7-10 see as a role model? I was pondering this as I prepared the final session for our Brownie Influence Stage 2 Skills Builder badge. Confused? Well, Girlguiding is a Movement, and although many of you will have been involved or connected with someone involved at some point in your life, the (mustn't call it new) Brownie programme introduced in 2018 no longer includes things like badges for handing out cups of tea (Hostess) or putting on a show (Entertainer). Rather, Kiera has just been awarded a badge called "My Rights", for exploring the things she can reasonably expect such as a home, food and drink and an education. But I digress...

Friends I spoke to wondered if the girls might see their teacher or parent (or even their Brownie leader, which I doubted) as a role-model. I suspected it might be some reality or pop star, but feeling optimistic, printed out pictures of Greta Thunberg; Marcus Rashford; Emma Raducanu; Rose Ayling-Ellis and for good measure, Queen Elizabeth II – all of whom, at least some girls recognised. Somewhat to my surprise, they knew exactly what was meant by "role-model", but rather than any of the people I had considered, they suggested historical characters such as Marie Curie, Rosa Parks and the Suffragettes.

Taking it further to consider their dreams for a better world, they were ready with their suggestions. Indeed, I struggled to keep pace with them as I wrote their ideas down. Perhaps predictably they were interested in the environment, so they spoke about litter being dropped, the state of the bins, the need to pick up litter even if it was dropped by someone else and the impact of rubbish upon wildlife such as squirrels. They were concerned about excessive use of plastic & the way it ends up in the sea; and wanted more recycling, and more solar energy. Further afield, they wanted to stop forests being burned down endangering plants and animals, the taking of tusks from elephants, and the mistreatment of animals generally. And one girl spoke of the need to have more diversity in children's books. Very different answers, I suspect, than would have been given by children in the twentieth century.

I wonder who you and I might consider to be our role models? And what we might wish for the future?

**Jill Atkinson**

## Sudoku (medium)

	2				1	4		6
9					3	8		
				4				3
	6		2					
	5						4	
					9		7	
6				2				
		3	9					1
8		1	5				9	

**When children pray** *(they did their best!)*

~ Give us this steak and daily bread, and forgive us our mattresses.

~ Hail, Mary, full of grapes.

~ He suffered under a bunch of violets. (Pontius Pilate)



## **To Eat or Not to Eat, that is the question**

Most of us never give a second thought to the food that crosses our lips, or the smell of food cooking, or what someone might be eating sat next to us on the train or airplane. Most of us look forward to spontaneous days out, meeting up with friends, eating out at restaurants, treating ourselves to some gourmet treats or chocolates, going on trips and holidays...but for others all of these things (and many that we may take for granted) cause dread, fear and anxiety. Why? 7 little letters...Allergy.

Allergy affects many people in many different ways for example itchy, sore and painful skin in eczema; itchy eyes and sneezing in hay fever, but food allergy is quite a thing and in fact is often accompanied by eczema and hay fever!

It all started with a rash that turned out to be eczema which got progressively worse and a baby that cried a lot, was sick a lot, presented as though he had a lot of colic, had bright green poo yes bright green and a visit to a allergy Professor who gave the shocking news that our son was allergic (at 6 months old) to egg, dairy, nuts, wheat, sesame and soya and would need to carry an epipen wherever he went. I naively asked if he could eat chocolate and cheesy puffs and was told under no circumstances - No he could not. We were given epipen training and access to a dietician and went away with our son who hadn't even yet eaten any of the foods he was allergic to – but as a nursing Mum, I had been and this was impacting on him.

For me, as a parent of a child with serious food allergy – to egg, all dairy and a number of nuts – all of the above becomes a challenge. At age 13, it is slightly easier going to someone's house as he will just not eat - there's no danger now of him inadvertently being given food that could be extremely dangerous for him – as he would just not have it. But those challenges were huge as a baby when nursing him meant having to watch carefully my own diet (so I eradicated eggs, dairy and nuts from mine and still to this day, 13 years later, don't have eggs in the house) he could not have regular formula, this had to be prescribed.

Starting nursery was even more of a worry than it normally would be for a new Mum, I visited so many and concluded that none were able to convince me that they could cater for my precious child's needs so found a

childminder who had a son with the same allergies so would know the challenges of cross contamination which immediately set my mind at ease. She was also a scientist by profession (BC – oh before children) so I felt immediately comfortable. She could only care for him part time so I adjusted my work arrangements to fit, working from home with an au pair on those days the childminder was not having my son.

Starting nursery was yet another challenge, convincing staff he couldn't have a biscuit or milk but I would provide a non-dairy milk and a biscuit he could have and explains the risks of cross contamination, giving epipens, antihistamine medication and the hospital's medical plan to the school. More anxiety when he started full time and the worry of school dinners so a meeting with the chef would ease the anxiety a little but every day I hoped and prayed he'd be safe. Birthday parties meant a packed lunch and treats and not having a slice of cake or standard party bag of sweets.

At secondary school, my son had the opportunity to travel to Lake Garda. He didn't want to go initially but we convinced him it would be good for him. It was a trip by coach so I packed him down with flasks of pasta and bolognaise and other hot food and sandwiches, snacks and drinks for the 24 hour coach trip. Then packed my bags for a flight to Italy. I convinced school to let me travel to Italy just to cook his meals and hand them over to staff. He wouldn't see me - he'd still experience being away from home and bonding with school mates but he'd have food he could safely consume. So I cooked breakfast and lunch in the morning, went out for the day, then cooked again the evening. It was great! I got to see the sights of Garda and drink some great wine (plenty of it!).

Now only allergic to egg, dairy and nuts and possibly now sesame again we pray that one day he can eat dairy chocolate or go to Macdonalds (other fast-food establishments available!) and that he remains safe from the dangers of food.

The good thing is that over the past few years, labelling has improved as has the range of foods for people with allergies, so there is so much more choice so that like any other child, my son can pop into a sweetie shop and choose some treats which are safe for him!

**Suzanne Spooner**

For further information, Suzanne suggests you check out this factsheet – or contact her (via the Parish administrator)

[https://www.anaphylaxis.org.uk/wp-content/uploads/2021/11/Anaphylaxis-The-Facts-Feb-2019\\_.pdf](https://www.anaphylaxis.org.uk/wp-content/uploads/2021/11/Anaphylaxis-The-Facts-Feb-2019_.pdf)

## Sudoku (medium) solution

3	2	7	8	9	1	4	5	6
9	1	4	6	5	3	8	2	7
5	8	6	7	4	2	9	1	3
4	6	9	2	7	5	1	3	8
7	5	2	3	1	8	6	4	9
1	3	8	4	6	9	2	7	5
6	9	5	1	2	7	3	8	4
2	7	3	9	8	4	5	6	1
8	4	1	5	3	6	7	9	2

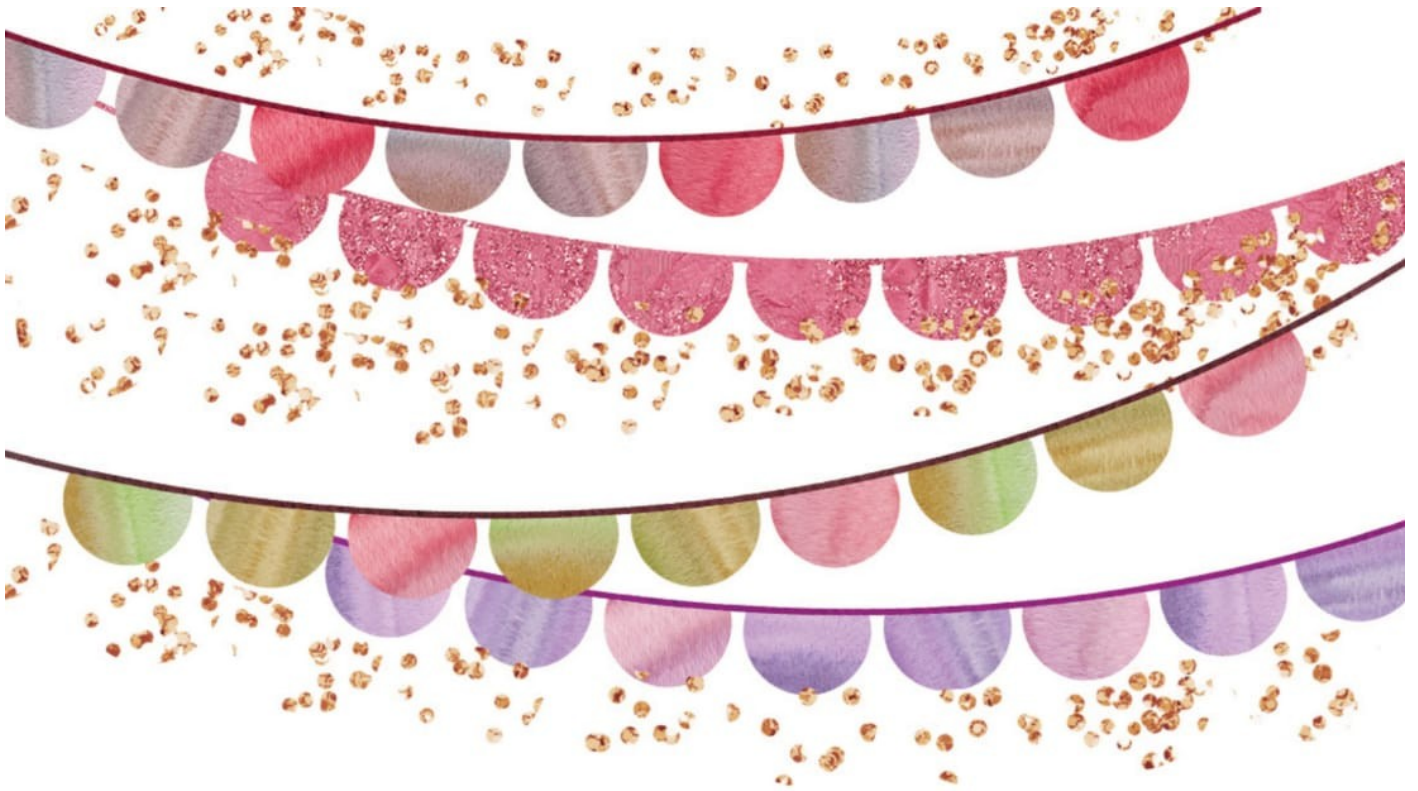
### Not expecting this

The young minister took his wife to the Maternity Hospital and was told it would be a long labour. So, he agreed to ring at lunchtime for news. But when he phoned, he dialled the wrong number and got the County Cricket Ground. He said: "I brought my wife to your place early this morning. Is there any news?"

He was surprised to be told: "Yes, there are seven out and the last two were ducks."







# 30th Anniversary

for Ready Steady Go!

**SATURDAY 21st MAY**

**2pm - 4.30pm**

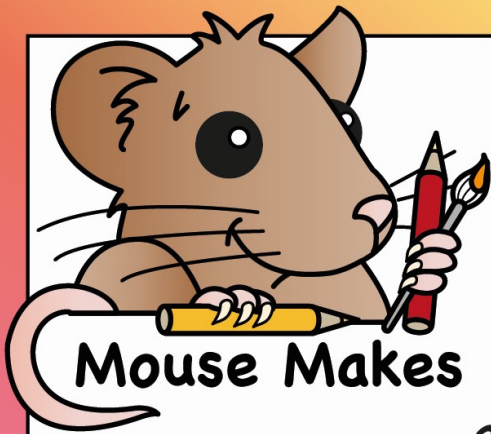
Join pupils, parents, relatives, and staff  
from past and present for a special celebration

All ages welcome: you're never too old to play!

Cake sale: proceeds will be donated to the Uganda  
project the preschool has supported for many years

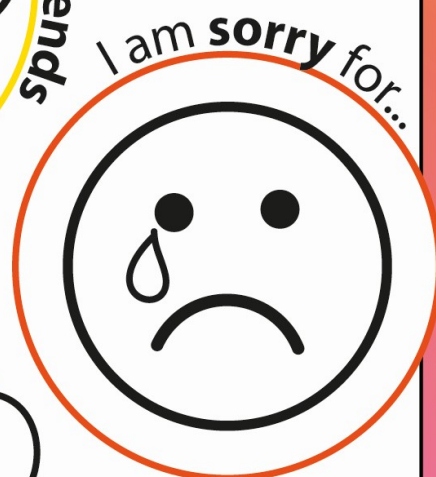
2pm Refreshments & Activities  
3pm Mickey the Magician

St Mary's Church Hall, College Rd, Bromley BR1 3QG  
<https://www.facebook.com/rsgbromley>



# Mouse Makes

"Give thanks to the Lord for He is good, His love endures forever"  
Psalm 136:1



Jesus said,  
"This, then, is how  
you should pray:

Our \_\_\_\_\_  
in \_\_\_\_\_  
hallowed be your  
\_\_\_\_\_

your \_\_\_\_\_  
come,  
your \_\_\_\_\_ be  
done, on  
\_\_\_\_\_ as it  
is in \_\_\_\_\_.  
Give us this day our  
daily \_\_\_\_\_.  
And

\_\_\_\_\_ us our \_\_\_\_\_,  
as we also have  
forgiven our debtors.  
And \_\_\_\_\_  
us not into  
temptation, but  
\_\_\_\_\_ us from the  
\_\_\_\_\_ one."

Read Matthew 6:9-13  
to fill in the words.

"Never stop praying."  
1 Thessalonians 5:17

"Do not be anxious about  
anything, but in every situation,  
by prayer and petition,  
with thanksgiving,  
present your requests to God."  
Philippians 4:6

## Worship Diary

We are conscious that the pandemic is not over and numbers of infections have continued to rise. We would like people to continue to wear masks until they are in their Pew. Refreshments have been reinstated. We will continue to have a one-way system in the church and be seated in alternate pews. We will have masks and gel available as people enter the church. We will continue to monitor the situation and be grateful to hear of peoples thoughts and experience.

Our Sunday Clubs continue to meet when we do not have a Family Service or at times during school holidays.

Our services will continued to be live streamed and can be viewed on our Facebook page unless otherwise stated:

<https://www.facebook.com/stmarysbromley/>

The words of the service can be found on our website:

<https://www.stmarys-bromley.org.uk/lockdown/st-marys-worship/>

The services of worship for May will be as follows:

Sunday 1st – 3 Sunday of Easter

10.30 am Family Communion, with Sunday Clubs

Sunday 8th – 4 Sunday of Easter

10.30am Family Service

Sunday 15th – 5 Sunday of Easter

10.30 am Family Communion, with Sunday Clubs

Sunday 22nd – 6 Sunday of Easter

10.30 am Family Communion, with Sunday Clubs

Thursday 26th – Ascension Day

8.00 pm Holy Communion

Sunday 29th – Sunday after Ascension

10.30 am Family Communion.



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