Some ways of keeping Holy Week and Easter at home

Actions to do:

Holy Week and Easter Prayer Space

Why not create a small space where you could place things that help you to pray and focus during Holy Week and Easter? Choose things to remind you of Jesus' journey to the cross and his resurrection, possibly a candle or picture, a simple cross (tied from some small twigs) or a long nail, or a stone to remind us of the stone in front of the tomb

As a part of our prayers we can use/play some music or say compline quietly in the evening

• A cross in our window

We could use some bits of wood, or twigs again, or some cardboard to make a simple cross that we could put in our window during Holy Week just something very simple. Perhaps make it plain at the start of Holy Week (Monday 29th) but by Easter Sunday perhaps decorate it with flowers or streamers or a white cloth hanging across it to symbolise the joy of the resurrection.



Or we can also:

- Find worship to join online or music there are some wonderful things being offered to sustain us during these difficult times by our own churches see our website.
- Larger and further away St Paul's cathedral or Southwark cathedral, or St Martin in the Fields but also by many others and by
- The Royal School of Church music which is offering beautiful music for Holy Week titled The Way of the Cross:

Join the RSCM on their YouTube channel <u>here</u> during Holy Week and on Easter Day for four short services led by Revd Canon Peter Moger, with choral contributions from those who participated in *The Way of the Cross* course last month. An order of service will be available on our website next week.

Jesus' agony, betrayal and denial – **Tuesday 30 March**, 6.30pm (BST) Jesus' trial and crucifixion – **Wednesday 31 March**, 6.30pm (BST) Jesus' death and burial – **Friday 2 April**, 6.30pm (BST) Jesus' resurrection – **Sunday 4 April**, 6.30pm (BST)

To view a short preview video click here.